**Activity 3. Researching cosmetic creams in terms of the ingredients and their role**

**Divide the different topics within a group so that each group member will search for information about the topic from the Internet, recommended literature and/or from the help material given by the teacher. Afterwards each group member should be able to present their topic to the others. In the next lesson, based on the knowledge gained about skin and creams, you will have to be able to analyse and assess the content of one cream.**

**Topics:**

1. **Skin structure and functions**

**The main ingredients of cream (role and/or effect on skin):**

1. **Oils and fats (natural and synthetic), waxes**
2. **Emulsifiers, humectants**
3. **Preservatives, antioxidants**
4. **Other substances (**nutritive, exfoliative, bleaching, anti-inflammatory, anti-wrinkle etc. ingredients, odours (essential oils))

Once the preparation time is up, each group member introduces their topic to the other group members within 5-7 minutes using drawings or other methods in order to illustrate and facilitate the explanations. Make brief notes when listening to the others!